













WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

Organised by

FEDERATION OF BODYBUILDING, FITNESS AND MAS WRESTLING OF UZBEKISTAN









WORLD BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIP 2021

TASHKENT, REPUBLIC OF UZBEKISTAN

01st - 07th OCTOBER, 2021





O'ZBEKISTON BODIBILDING, FITNES VA MAS-RESTLING FEDERATSIYASI



FEDERATION OF BODYBULDING, FITNESS AND MAS-WRESTLING OF UZBEKISTAN

O'zbekiston, Toshkent sh, Yunusobod tumani, matbuotchilar kochasi, zarafshon va sayilgoh, 3-qavat, 3-qator, 3301 dokon. tel: +998 90 919 54 81, +998 71 113 23 24; web: uzfbf.com

H/r: 20212000604456120001 ATIB "Ipoteka bank" Shayhontohur filiali, MFO 00425; STIR: 206050744













12TH WORLD BODY BUILDING & PHYSIQUE SPORTS CHAMPIONSHIPS, 2021 01ST OCTOBER – 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

OFFICIAL INVITATION LETTER

TO ALL WBPF MEMBER COUNTRIES

Date: July 23, 2021

Our Federation of Bodybuilding, Fitness and MAS Wrestling of Uzbekistan affiliated to the World Bodybuilding and Physique Sports Federation (WBPF) and supported and recognized by our National Olympic Committee, Ministry of Tourism and Sports and Republican higher professional school of winter sports and complex technical sports wish to cordially invite your team of officials and competitors to the 12th WBPF World Bodybuilding and Physique Sports Championships and Congress to be held in Tashkent, Republic of Uzbekistan from 1 to 7 October 2021.

We will do our best to assist you on your visa matters provided you send your request 60 days prior to the competition date to us, along with all the documents and we would urge you to contact our Embassy in your country for the issuance of Visa at the earliest.

It is mandatory to all participants arriving in Tashkent for the Championship must produce RTPCR Covid Negative test report prior 72 hours. For your own safety reason, it is good to complete your vaccination before coming for the championship.

Our Federation of Bodybuilding, Fitness and MAS Wrestling of Uzbekistan will cover the insurance for all the participants including athletes and officials for COVID 19. If tested positive they will be provided with all medical facilities including their extended stay. The said medical bills will be settled by the insurance company. It is further informed that before departure we will conduct the RT PCR test for all the participant at our cost which is mandatory before leaving the Country.

We warmly welcome you to the Republic of Uzbekistan, one of the world's oldest civilized region and assure you of our Uzbek hospitality during your stay in our country.

Anticipating your participation with a large team of athletes and officials to the 12th WBPF World Bodybuilding and Physique Championships and Congress at Tashkent, Uzbekistan

Thank You! Yours Sincerely,

Sabirov Timur Organizing Chairman













01ST OCTOBER - 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

MESSAGE FROM PRESIDENT OF WBPF DATUK PAUL CHUA



Uzbekistan is the first Central Asian nation to organize the WBPF 12th World Bodybuilding and Physique Sports Championships and Congress in their beautiful city of Tashkent from 1 - 7 October 2021.

The Asian Bodybuilding and Physique Sports Federation (ABBF) under the umbrella of the World Bodybuilding and Physique Sports Federation (WBPF) has already organized a very successful 49th Asian Bodybuilding Championships in Tashkent in 2015 with an attendance of 22 countries.

I am confident that this year all participating nation will receive an excellent reception and spectacular activities in Tashkent, with beautiful memories that will last a lifetime.

I wish to thank the Ministry of Sport and Olympic Committee of Uzbekistan for their valuable support towards this world event. I also wish to thank the main sponsor for their support.

My gratitude and sincere thanks to the President Mr Odil Abdurakhmanov Qalandarovich of the Federation of Bodybuilding, Fitness and Mas-Wrestling of Uzbekistan and his entire Organizing Committee for their hard work and commitment in holding this championship.

I must thank WBPF Secretary General Chetan Pathare for his hard work and dedication rendered during this period of time to travel to Tashkent and do the inspection for our Federation. Ms. Hiral Sheth, Board Member and our Executive Director Christina Kam for their help in preparing the documents to be sent to all countries. Three bouquets of flowers to each of them. Thank you all.

I urge all countries to fully support this great world championships in Tashkent.























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MESSAGE FROM WBPF SECRETARY GENERAL MR CHETAN PATHARE



Dear family members of WBPF

During my inspection trip to Tashkent, Uzbekistan for the 12th WBPF World Bodybuilding and Physique Sports Championships and Congress to be held from 1-7 October 2021, I have learnt the motto 'never say never' to a mission and duty for our beloved sport. I was directed by our President Datuk Paul Chua to travel with our Board Member Ms Hiral Sheth from July 21 to 25 to Tashkent. He is a great mentor who guided me for this important job.

The hospitality that we received upon our arrival in Tashkent is unbelievable. We were treated like a family at home.

All of us missed the competition in the year 2020 and the family fraternity of meeting each other. So, this year is the great opportunity for all of us to meet in

Tashkent. The people of Uzbekistan have opened their hearts for us to assemble and meet in their beautiful country. I missed you all and I hope that you will make every attempt to participate.

It is time for WBPF Family to meet after a long period of time...Absent make heart grow fonder. See you all in Tashkent.























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MESSAGE FROM MR ODIL ABDURAKHMANOV QALANDAROVICH, PRESIDENT AND MR TIMUR SABIROV, VICE-PRESIDENT OF THE FEDERATION OF BODYBUILDING, FITNESS AND MAS-WRESTLING OF UZBEKISTAN



Mr. Odil Abdurakhmanov Qalandarovich President



Mr. Timur Sabirov Vice – President

Dear WBPF Members,

It is indeed of immense pleasure for our country Uzbekistan to be given the great honor to host the 12th World Bodybuilding and Physique Sports Championships and Congress in our historical city of Tashkent from 1 - 7 October 2021.

It is gratifying that Bodybuilding and Physique Sports are very popular in Uzbekistan. A useful discipline reflective of our young generation's competitive spirit and for them to keep fit and healthy.

We warmly welcome all WBPF officials, athletes and guests to Tashkent, Uzbekistan.

We assure you that during your stay in our city of Tashkent, we will do our utmost best to make your stay comfortable, and this world event a successful one.

May the spirit of friendship dominate the 12th World Bodybuilding Championships.























01ST OCTOBER - 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

ABOUT TASHKENT, UZBEKISTAN



Toshkent or Tashkent city lies in eastern Uzbekistan and is the capital of the country. It is the largest city in Central Asia and the last former Soviet city where an underground subway was constructed. The subway opened in 1977.

Tashkent is located in an oasis near the Chirchik River in a fertile cotton- and fruit-growing region. The city is a major industrial and transportation center with industries producing machinery, cotton and silk textiles, chemicals, tobacco products and furniture.

A center of Uzbek culture, Tashkent has several large libraries and is the seat of the Uzbek Academy of Sciences and numerous other institutions of higher learning.

Tashkent, whose name means "Stone Fortress," has the look of a modern metropolis. Little remains of the old city due to an April 1966 earthquake that leveled much of Tashkent. The city was rebuilt by the Soviets.

Tashkent is a very attractive and vibrant city. The roots of the rich Uzbek culture shine through the city's architecture, museums and metro stations. Uzbek people are very friendly. The best way to get a full taste of the culture in Tashkent is to visit the local markets, which are social gathering places where every Tashkent resident is bound to visit.

Nightlife in Tashkent is evolving at an incredible pace. There are many nightclubs as well as teahouses and cafes. Uzbek cuisine is unique and very delicious. Some of the dishes to be enjoyed include osh or plov, samsa, shashlik, lagman, and many more.

Tashkent became the capital of independent Uzbekistan in 1991 and has a population of around 2.5 million people.























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MEETINGS WITH DEPUTY MINISTER OF THE MINISTRY OF TOURISM AND SPORTS OF THE REPUBLIC OF UZBEKISTAN HONOURABLE MR. ULUGBEK AZAMOV



Secretary General, WBPF Mr. Chetan Pathare presented the memento to the Deputy Minister of the Ministry of Tourism and Sports of the Republic of Uzbekistan Honourable Mr. Ulugbek Azamov where he assured his full support and is confident in organising the 12th World Championship 2021 in Tashkent, Uzbekistan from 1st – 7th October, 2021.



Deputy Minister of the Ministry of Tourism and Sports of the Republic of Uzbekistan Honourable Mr. Ulugbek Azamov presented the memento to Secretary General, WBPF Mr. Chetan Pathare assuring for the success of the 12^{th} World Championship 2021 in Tashkent, Uzbekistan from $1^{st}-7^{th}$ October, 2021.



Secretary General, WBPF Mr. Chetan Pathare presented the memento to the Deputy Minister of the Ministry of Tourism and Sports of the Republic of Uzbekistan Honourable Mr. Ulugbek Azamov where he assured his full support and is confident in organising the 12th World Championship 2021 in Tashkent, Uzbekistan from 1st – 7th October, 2021.























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MEETINGS WITH DELEGATES DURING INSPECTION



President of the Uzbekistan Bodybuilding, Fitness and Mass- Wrestling Federation, Mr. Odil Abdurakhmanov Qalandarovich presented the memento to Secretary General, WBPF Mr. Chetan Pathare along with his team for being the best host and assuring for the success of the 12th World Championship 2021 in Tashkent, Uzbekistan from 1st – 7th October, 2021...







Secretary General WBPF Mr Chetan Pathare presented memento to Mr Abdurazakov Oraz Rakhimdzhanovich CEO "GRANDPR" where he assured full support for the success of the championship...

Secretary General, WBPF Mr. Chetan Pathare presented the memento to the President of the Uzbekistan Bodybuilding, Fitness and Mass- Wrestling Federation, Mr. Odil Abdurakhmanov Qalandarovich where he assured his full support and is confident for the successfully organising the 12th World Championship 2021 in Tashkent, Uzbekistan from 1st – 7th October, 2021.























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COMPETITION VENUE

HUMO ARENA

Intersection of Afrosiab and Beshagach Street., Tashkent.





































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HOTEL UZBEKISTAN

45 Mirzamakhmud Musakhanov Street, Tashkent.

































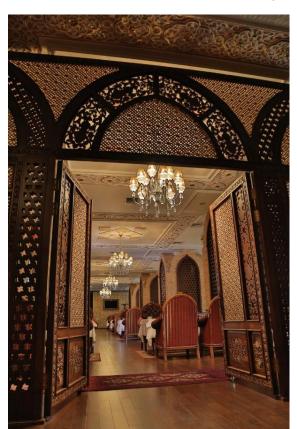




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HOTEL ICHAN QALA

24 Tafakkur St, Tashkent, Uzbekistan.



































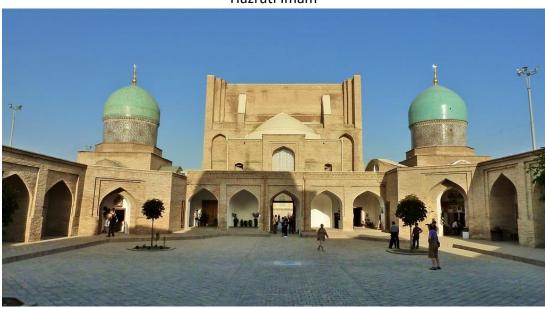
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PLACES TO VISIT IN TASHKENT

Ensemble Hazrati Imam



Hazrati Imam

























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Chorsu Local Bazar



Navoi Opera Theatre



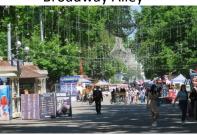
Independence Square



Metro station



Broadway Alley

























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COMPETITION TERMS AND RULES

FOR THE 12th WORLD BODYBUILDING & PHYSIQUE SPORTS CHAMPIONSHIPS 2021 IN TASHKENT, REPUBLIC OF UZBEKISTAN

VENUE OF COMPETITION		
Date	01ST – 07TH OCTOBER, 2021	
Venue	Tashkent, Uzbekistan	
Hotel for Executive Council Members and invited VIP and Officials	Hotel Ichan Qala, 24 Tafakkur St, Tashkent, Uzbekistan. +998712319898	
Delegates & Supporters, Athletes, Team Managers & Coach	Hotel Uzbekistan, 45 Mirzamakhmud Musakhanov Street, Tashkent. +998711131111	
	REGISTRATION FEES	
Official and Athletes Registration Fees	The total amount of USD 720 for each person for the duration of 6 nights stay in a twin-bedded sharing room. This fee includes hotel accommodation, 3 meals per day, shuttle to and from the airport to the hotel and to competition venue and farewell party. The price of the double rooms (USD 720 /6 nights per person x 2 persons= USD1440.00. Single room price USD 1000 for 6 nights. These prices are available for the officials and delegates as well. It is compulsory to pay 100 \$ per person as a hotel security deposit at the time of registration. The same will be refunded only after deducting any damages in the hotels, rooms, auditorium or any other places.	
IMPORTANT NOTICE		
Please note it is compulsory for all the participating athletes, official and judges must stay in the official hotel provided by the organisers. Those who do not stay in the official hotel will not be allowed to participate in the said championship.		
WBPF Executive Committee:	WBPF Executive Committee members are exempted from paying the Registration Fees, including Patrons and Honorary Life Members. WBPF Executive Committee Members are allowed to be accompanied by their spouse only. Their accommodation, Meals, etc. are on gratis. Standing Committee Members with the exception of the Chairman and Secretary of each Sub Committee may have to share a twin sharing room. If a Sub Committee Member requests a single room, he/she must pay the difference of USD 500.00 for a single room for the duration of 6 nights.	























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Early Arrivals and Late Departures	Any team or officials arriving early or departing late are required to pay for the extra days per night for a Standard twin bedroom USD120 each day Inclusive only of breakfast (2 persons per room USD240)	
	: PLEASE NOTE:	
For control and late d		
For early arrival and late di	eparture, shuttle services will not be provided. You need to find your	
	own transport.	
	IMPORTANT NOTICE	
Please advise your team befo	re departure not to incur additional expenses.	
Extra Officials	Any judges, coaches or trainers who are not officially participating as an Athletes or Delegates will be responsible for all of their own expenses. Only those whose names are officially recommended in the official entry form by the respective national federation will be allowed to participate as an athlete, official, judge and supporter of that respective country. This rule is also applicable for the family members.	
NO EXCEPTION WILL BE MADE UNDER ANY CIRCUMSTANCES.		
Payments	Only cash payments in USD-United States Dollars will be accepted for Registration Fees. You may use Credit Card payment in large departmental stores. It is to be noted by the Guests that all Malls/Departmental stores/Chemists are not having the facility of accepting US Dollars. The Secretariat may arrange for the Currency Exchange depending on the availability. The rate of exchange from US\$ to Uzbekistani Som may differ at the time of Registration.	
Secretariat	The Organizing Committee will maintain a Secretariat at the Hotel from 8.00 AM to 10.00 PM from 1st to 7th October, 2021. You may obtain information and assistance from the Secretariat.	

WEIGH-IN AND REGISTRATION

Registration for athletes and Weigh-in will take place at Hotel Uzbekistan (please refer to the day-to-day program) for full details. It is the responsibility of the Chief Delegate or Team Manager to make sure that all athletes are on time for the Weigh-in and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified and will have to pay all of his own expenses.

JUDGES

In order to assist the WBPF Judges Committee in their selection of judges for this Championship, please forward your nomination for Judges from your National Federation as soon as possible but no later than 10th September, 2021. Judges must possess an International/Continental recognized judge's card and must produce to the Judges Committee. Judges nomination to be sent to: Mr Walter Branden, Chairman Judges' Committee – wbpsfwalter@zeelandnet.nl, CC to Ms Christina Y Kam @ - wbpsf.ckam@yahoo,.com and to the WBPF Secretary-General at wbpsfsckam@yahoo,.com

IMPORTANT NOTICE

Each athlete and the official who wish to participate in the said championship must stay at the
official hotel by paying the requisite Registration Fees. Those who bypass the rules and book























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directly with the hotel will not be eligible to participate in the said championship, attend all the functions (breakfast, lunch and dinner) including entry into the competition venue. No I.D. cards will be issued. They will not be picked at the airport to the hotel vis a vis for departure as well.

- Each athlete must bring his/her passport and posing music to the weigh-in and registration, failing which the athlete weigh-in will not be processed.
- No G-string bikinis are allowed. An athlete must comply with specification sheet attached and they must produce their bikinis for verification and approval for the pre-judging and finals at the weigh-in area. The bikinis will be stamped with a marker as an approval by the Judges Committee.
- During the weigh-in, all female athletes should be properly dressed. NO PYJAMAS OR NIGHT GOWNS are allowed. This is to protect the image of our sport in the event press or VIPs were to be present during the weigh-in, it will put our sport in an awkward position. Please use track suits or a decent dress/jeans.
- At the parade of the nations, if you were to allocate female athletes, she should also appear in a track suit and not in a bikini.
- All female athletes are to be reminded that they are participating in a sporting event and not in
 entertainment venues like night clubs, therefore, we should ask the women to change their
 behaviour when they come on to the stage in the "walk-in" wiggling their rear ends or looking
 back into the audience when they stand in the quarter turn facing the back of the stage and
 stretching out their butt and winking at the judges and the audience. This is not a sports
 presentation and it will be seen as sexual harassment to the public.

	Access to the backstage and/or dressing room areas shall be strictly	
Backstage Access / Dressing	limited to essential personnel only. Coaches and trainers who assist	
Room Access	athletes in the dressing room area must be of the same sex as the	
	athlete they are assisting.	
	Camera and /or Videotape equipment shall be strictly prohibited in the	
Camera/Video Tape	backstage and /or dressing room areas except when used by the	
Equipment	WBPF/WBPF authorized media persons and, in any event, these devices	
	shall be strictly prohibited in the dressing room area.	
	National dress code or track suits to be worn by delegates and /or	
Parade of Nations	officials taking part in the Parade of Nations. Only one (1) delegate and	
Parade of Nations	two (2) competitors per country must take part in the Parade of the	
	Nations.	
Kindly nominate the name of your judges in advance; last minute submission will be rejected. All judges		
should use a grey suit with the	e official logo of WBPF/WBPF and female judges with a grey blazer with a	
grey skirt or dress pants.		
	Entry Pass will be issued to the Weigh-in and backstage area during the	
Entry Pass Card	Weigh-in, Pre-judging and Finals. It will be distributed at the	
	Judges/Team Managers Meeting as follows:	
	Five (5) or more competitor – Two (2) Passes will be issued and less than	
	five (5) competitors, one (1) Entrance Pass will be given.	
Media Accreditation	All media accreditation, except local media, shall be controlled by the	
	WBPF. All persons wishing to obtain media accreditation for this event	























	must register with the WBPF by completing and signing the WBPF Media Accreditation Form. The form must be submitted to the WBPF by email at wbpsf.ckam@yahoo.com , and wbpsf.ckam@yahoo.com , and wbpsf.ckam@yahoo.com , and wbpsf.ckam@yahoo.com , and wbpsf.ckam.google.com
Athletes without Delegates	All athletes competing at WBPF Championships must be members in good standing of their National Federations. Any athlete who arrives without a delegate must carry on the official letter of Authorization of Participation from his/her National Federation, failing which the athletes will not be eligible to participate.
Failure to Honour Final Entry Form Deadline.	Deadlines are set to assist the Organizer with arranging accommodations, meal, onsite transportation and other Championship's activities. A failure to respect these deadlines is a breach of the WBPF rules. If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Pre-judging, Finals and Farewell Banquet.
Misrepresentation	Misrepresentation is a serious breach of the WBPF Code of Ethics and occurs when an "Official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation, and access to the prejudging. Finals and farewell Banquet, and other amenities at the expense of the organizer. Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called athlete fail to officially register as a competitor at the Weigh-In or, once having officially.
Medical Withdrawal	Once officially registered, no Athlete may withdraw from the competition, without the prior approval of the WBPF Judges Chairman, who has the right to verify the reason for the withdrawal. Any National Federation that fails to seek the prior approval of the WBPF Judges Chairman before withdrawing an athlete shall, for that athlete's non-participation, is fined an amount equal to the Special Package Rate.
Attendance at the WBPF Congress	All National Federations officially participating in the Championships must attend the Congress meeting, including National Federations with athletes and no delegates. In this case, the athlete must attend and represent his country at the congress.
Visa	Please note that the Organizer will not be able to provide landed visa to any country. Therefore, please consult the Uzbekistan Embassy in your country to determine if you need a visa. Upon request, an official invitation letter shall be signed and issued by the Organizer. It is to be noted that the Visa Administration process differs from country to country and hence kindly apply well in advance.
Electrical Current	220 voltage at 60 hertz outlet plugs two round holes.
Language	The official language in Uzbekistan is standard Turkic . English is spoken in hotels and some restaurants























Doping	Doping will be conducted by the WBPF Anti-Doping Committee.
National Anthem/National Flag	 a) You must provide Two (2) National Flags of your country. The flags must be manufactured of dense silk and must measure no more than 2.5 meters x 1.5 meters. You may also provide the digital National Flag on Pen drive. b) You must also provide your National Anthem (shortened version) on Pen drive / CD. Video or cassette not acceptable.
Posing Music	Posing music must be on Pen drive/ CD only and produced with good quality. The music should be cued from the start of the Pen drive/CD. Each competitor must affix his/her name on the Pen drive/CD for easy identification. The USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED.
Preliminary Entry and Final Entry	Please co-operate and submit your entry forms in time as per the closing dates shown in the forms. You are kindly requested to email to wbpfsecgeneral@gmail.com , wbpsf.ckam@yahoo.com & timurkach@me.com























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PARTICIPATION RULES

Country with less than Two (2) Competitors – Only one (1) Official will be allowed to pay the official registration fee

A country with Three (3) and above competitors – Two (2) Officials will be allowed to pay the official registration fee

A country participating with woman athletes may send One (1) extra female official and she needs to pay only the official registration fee

Official or any other guests requesting for a single room have to pay the differences levied by the organizer based on the supporter's rates published herein.

One judge per country will be allowed on gratis (No registration fee to pay) however, the judge must share a twin bedroom with other judges or officials.

However, country participating with woman athlete may send 1 (one) extra female judge and no need to pay the registration fee as well but need to share a twin bedroom with another official of the same gender.

If more than 2 (two) judge is nominated, he or she has to pay the registration fee, however, a country will be limited to enter two extra judges only, including one female judge to enjoy this privilege on sharing a twin room. A maximum number of judges should be 3 (three) only. All other extra judges will have to pay the supporters fee in full.

A country that exceeds the above quota will have to pay for their official and supporters fees.

IMPORTANT NOTICE

UZBEKISTAN IMMIGRATION & CUSTOMS ENFORCEMENT RULES, PLEASE CHECK IN THEIR WEBSITES IN GOOGLE. THIS IS VERY IMPORTANT FOR YOU AND YOUR TEAM TO KNOW.

:OFFICIAL WEBSITE:

 $\frac{https://www.visahq.com/uzbekistan/customs/\#!contact-information}{and}$

https://www.iatatravelcentre.com/uz-uzbekistan-customs-currency-airport-tax-regulations-summary.htm

PARTICIPANTS MUST CHECK FROM TIME TO TIME AND ALSO BEFORE LEAVING THEIR COUNTRY AS REGULATIONS KEEP CHANGING.

ALL MUST CARRY ELECTRONIC COPIES AND HARD COPIES OF ALL DOCUMENTS NEEDED TO BE SUBMITTED AT THE IMMIGRATION.























01ST OCTOBER – 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

TENTATIVE DAILY PROGRAM

01ST OCTOBER, 2021 (FRIDAY)	
Arrival of the Executive Committee members of WBPF, all participating teams, officials together with WBPF Standing Sub-Committee members.	
FROM 12.00 PM	Check-in for registration at Hotel Uzbekistan The Executive Committee, VIP's and appointed delegates after the registration will check in at Hotel Ichan Qala
12.00 PM - 02.00 PM	Lunch for all will be served at their respective Hotels on 1ST October 2021.
07.00 PM - 10.00 PM	Dinner for all will be served at their respective Hotels on 1ST October 2021.

02ND OCTOBER, 2021 (SATURDAY)	
06.00 AM - 09.00 AM	Breakfast for officials and athletes at the respective Hotels
09.00 AM	The Buses will leave from Hotel Ichan Qala to Hotel Uzbekistan for Judges and Team Manager Meeting
09.30 AM - 10.30 AM	Team Managers Meeting at Conference Hall on 1st floor, Hotel Uzbekistan
10.30 AM - 11.30 AM	Judges Meeting at Conference Hall on 1st floor, Hotel Uzbekistan
11.30 PM - 01.30 PM	Buses will leave from Hotel Uzbekistan to Hotel Ichan Qala for Lunch in their respective Hotels.
03.00 PM ONWARDS	WBPF Executive Council Meeting at Baqqol Lounge at Hotel Ichan Qala.
07.00 PM - 10.00 PM	Welcome Dinner for Executive Council and Delegates at Hotel Ichan Qala and for athletes at their respective Hotel

03RD OCTOBER, 2021 (SUNDAY)	
06.00 AM - 09.00 AM	Breakfast for officials and athletes at the respective Hotels
09.00 AM - 12.00 PM	WBPF Annual Congress at Baqqol Lounge at Hotel Ichan Qala.
12.00 PM - 02.00 PM	Lunch for all officials and athletes at the respective Hotels
02.00 PM	Buses for delegates will leave from Hotel Ichan Qala to bring them to Hotel Uzbekistan for weigh-in.
03.00 PM ONWARDS	Weigh-in of all Body Weight Categories and Height Measurements and Checking of Age Groups at Conference Hall on 1st floor, Hotel Uzbekistan
07.00 PM - 09.00 PM	Dinner for officials and athletes at the respective Hotels

04TH OCTOBER, 2021 (MONDAY)	
06.00 AM - 09.00 AM	Breakfast for the officials and athletes at the respective Hotels























08.00 AM	Buses from respective Hotels to bring delegates and athletes at the Competition Venue, Humo Arena, Intersection of Afrosiab and
08.00 AIVI	Beshagach Street., Tashkent.
09.30 AM	Prejudging & Finals at Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent. • Men's Junior Bodybuilding up to 75kg, over 75kg (2 categories) • Men's Bodybuilding 55kg, 60kg, 65kg, 70kg (4 categories) • Women's Junior Fitness Physique age not over 21yrs (1 category) • Women's Junior Model Physique age not over 21 yrs (1 category) • Women's Fitness Physique up to 160cm, up to 165cm, over 165cm (3 categories) • Women's Lady Sports Physique age 30 yrs and above (1 category) • Women's Bodybuilding Open categories (1 category) • World Lady Women's Bodybuilding age over 30 yrs (1 category) • Men's Master Bodybuilding 40-49 yrs (weight 80kg and over 80kg), • 50-60 yrs (weight 80kg and over 80kg), Over 60 yrs (all Men Master 5 categories) • Men's Fitness Physique up to 170 cm, over 170 cm (2 categories) **TOTAL OF 21 EVENTS** **(Lunch will be provided ONLY at Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent. for both Official and Athletes and no Lunch will be provided at any of the Hotels)
03.00 PM	Opening Ceremony and Parade
04.00 PM	Final Round & Prize Distribution
07.00 PM - 10.00 PM	Dinner for officials and athletes at the respective Hotels

05TH OCTOBER, 2021 (TUESDAY)	
06.00 AM - 09.00 AM	Breakfast for the officials and athletes at the respective Hotels
08.00 AM	Buses from respective Hotels to bring delegates and athletes at the Competition Venue, Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent.
09.30 AM	 Prejudging & Finals at Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent. Men's Bodybuilding 75kg, 80kg, 85kg (3 categories) Women's Model Physique up to 155cm, 160cm, 165cm, (3 categories) Men's Sport Physique up to 170cm, 175cm, 180cm over 180cm (4 categories) Women's Sport Physique up to 165cm and over 165cm (2categories) Men's Athletic Physique up to 160 cm, 167 cm, 175 (3 categories)























01ST OCTOBER – 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

	TOTAL OF 15 EVENTS (Lunch will be provided ONLY at Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent. for both Official and Athletes and no Lunch will be provided at any of the Hotels)
03.00 PM	Final Round & Prize Distribution
07.00 PM - 10.00 PM	Dinner for officials and athletes at the respective Hotels

06TH OCTOBER, 2021 (WEDNESDAY)	
06.00 AM - 09.00 AM	Breakfast for the officials and athletes at the respective Hotels	
08.00 AM	Buses from respective Hotels to bring delegates and athletes at the Competition Venue, Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent.	
09.30 AM	 Prejudging & Finals at Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent. Men's Bodybuilding 90kg, 100kg, over 100kg (3 categories) Men's Athletic Physique up to 182 cm, over 182 cm (2 categories) Women's Athletic Physique up to 165 cm, over 165 cm (2 categories) Women's Lady Athletic Physique age 30-40 yrs and age over 40 yrs (2 categories) Women's Model Physique up to 170cm and over 170cm (2 categories) World Women's Lady Model Physique age 30-40 yrs and age over 40 yrs (2 categories) World Mixed Pairs Championships open (1 category) TOTAL OF 14 EVENTS (Lunch will be provided ONLY at Humo Arena, Intersection of Afrosiab and Beshagach Street., Tashkent. for both Official and Athletes and no Lunch will be provided at any of the Hotels) Prejudging & Finals (continuation) Overall Championship Men's Team Championship Women's Team Championship 	
05.00 PM	Closing Ceremony & Final Prize Distribution	
07.30 PM - 10.00 PM	Farewell Party for all the Athletes, Officials, Delegate & Supporters at Conference Hall on 1st floor, Hotel Uzbekistan	

07TH OCTOBER, 2021 (THURSDAY)























01ST OCTOBER – 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

06.00 AM - 10.00 AM	Breakfast for officials and athletes at the respective Hotels
12.00 PM	Departure.

HOTEL ADDRESSES AND CONTACT DETAILS:

:HOTEL UZBEKISTAN:

45, MIRZAMAKHMUD MUSAKHANOV STREET, TASHKENT

CONTACT NOS : +998711131111

:HOTEL ICHAN QALA:

24, TAFAKKUR ST, TASHKENT

CONTACT NOS : +998712319898













FEDERATION NAME

FAX











12TH WORLD BODY BUILDING & PHYSIQUE SPORTS CHAMPIONSHIPS, 2021

01ST OCTOBER - 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

FINAL ENTRY FORM

In order to assist in the planning and organization of this championship, please complete the Final Entry Form to be returned by not later than 10th September 2021.

C.C. this form to

wbpfsecgeneral@gmail.com, wbpsf.ckam@yahoo.com, timurkach@me.com

FILL FORM IN CAPITAL LETTERS

EMAIL II)	
	DELEGATE ENTRY	
Sr.No	DELEGATE NAME	PASSPORT NO
1		
2		
	JUNIOR MEN'S BODYBUILDING UP TO 75 K	G.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	JUNIOR MEN'S BODYBUILDING OVER 75 K	G.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	SENIOR MEN'S BODYBUILDING UP TO 55 K	G.
Sr.No	ATHLETES NAME	PASSPORT NO























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	SENIOR MEN'S BODYBUILDING UP TO 60 KG	G.
Sr.No	ATHLETES NAME	PASSPORT NO
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3		
	SENIOR MEN'S BODYBUILDING UP TO 65 KG	G.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
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	SENIOR MEN'S BODYBUILDING UP TO 70 KG	G.
Sr.No	ATHLETES NAME	PASSPORT NO
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	SENIOR MEN'S BODYBUILDING UP TO 75 KG	G.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
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3		
3	SENIOR MEN'S BODYBUILDING UP TO 80 KG	G
Sr.No	SENIOR MEN'S BODYBUILDING UP TO 80 KG	G. PASSPORT NO























2		
3		
	SENIOR MEN'S BODYBUILDING UP TO 85 KG	G.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	SENIOR MEN'S BODYBUILDING UP TO 90 KG	3.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	SENIOR MEN'S BODYBUILDING UP TO 100 K	G.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	SENIOR MEN'S BODYBUILDING OVER 100 KG	G.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		

MASTER MEN'S BODYBUILDING (5 EVENTS) - 40 – 49 YEARS OLD - UP TO 80 KG.		
Sr.No	ATHLETES NAME	PASSPORT NO
1		























2		
3		
	MASTER MEN'S BODYBUILDING (5 EVENTS) - 40 – 49 YEARS	OLD – OVER 80 KG.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	MASTER MEN'S BODYBUILDING (5 EVENTS) - 50 – 60 YEARS (OLD – UP TO 80 KG.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	MASTER MEN'S BODYBUILDING (5 EVENTS) - 50 – 60 YEARS	OLD – OVER 80 KG.
Sr.No	ATHLETES NAME	PASSPORT NO
Sr.No	ATHLETES NAME	
	ATHLETES NAME	
1	ATHLETES NAME	
1 2 3	ATHLETES NAME TER MEN'S BODYBUILDING (5 EVENTS) - OVER 60 YEARS OLD	PASSPORT NO
1 2 3		PASSPORT NO
1 2 3 MAS	TER MEN'S BODYBUILDING (5 EVENTS) - OVER 60 YEARS OLD	PASSPORT NO - ONE OPEN CATEGORY
1 2 3 MAS Sr.No	TER MEN'S BODYBUILDING (5 EVENTS) - OVER 60 YEARS OLD	PASSPORT NO - ONE OPEN CATEGORY

MEN'S FITNESS PHYSIQUE UP TO 170 CM/0 KG.		
Sr.No	ATHLETES NAME	PASSPORT NO
1		























2		
3		
	MEN'S FITNESS PHYSIQUE OVER 170 CM/+2	KG.
Sr.No	ATHLETES NAME	PASSPORT NO
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2		
3		

	MEN'S ATHLETIC PHYSIQUE UP TO 160CM + 2	KG.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
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	MEN'S ATHLETIC PHYSIQUE UP TO 167CM + 4	KG.
Sr.No	ATHLETES NAME	PASSPORT NO
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2		
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	MEN'S ATHLETIC PHYSIQUE UP TO 175CM + 6	KG.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	MEN'S ATHLETIC PHYSIQUE UP TO 182CM + 8	KG.
Sr.No	ATHLETES NAME	PASSPORT NO
1		























2		
3		
	MEN'S ATHLETIC PHYSIQUE OVER 182CM + 10	KG.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
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	MEN'S SPORTS PHYSIQUE UP TO 170 CM - 2 I	KG.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	MEN'S SPORTS PHYSIQUE UP TO 175 CM/ 0 H	KG.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	MEN'S SPORTS PHYSIQUE UP TO 180 CM + 2	KG.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	MEN'S SPORTS PHYSIQUE OVER 180 CM + 4 H	KG.
Sr.No	ATHLETES NAME	PASSPORT NO
1		























2	
3	

	SENIOR WOMEN'S BODYBUILDING UP TO 55	KG.	
Sr.No	ATHLETES NAME	PASSPORT NO	
1			
2			
3			
	SENIOR WOMEN'S BODYBUILDING OVER 55 KG.		
Sr.No	ATHLETES NAME	PASSPORT NO	
1			
2			
3			

	LADIES WOMEN'S BODYBUILDING OVER 30 YRS ONE OF	PEN CATEGORY.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
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3		

JU	JNIOR WOMEN'S FITNESS PHYSIQUE 21 YRS. AND BELOW - O	NE OPEN CATEGORY.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
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	SENIOR WOMEN'S FITNESS PHYSIQUE UP TO 16	5 CM.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	SENIOR WOMEN'S FITNESS PHYSIQUE OVER 16	5 CM
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		

	SENIOR WOMEN'S ATHLETIC PHYSIQUE UP TO 1	65 CM
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	SENIOR WOMEN'S ATHLETIC PHYSIQUE OVER 165 CM.	
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		

	LADIES WOMEN'S ATHLETIC PHYSIQUE 30 - 40 YRS. ONE O	PEN CATEGORY.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		























3		
	LADIES WOMEN'S ATHLETIC PHYSIQUE OVER 40 YRS. ONE	OPEN CATEGORY
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		

	SENIOR WOMEN'S SPORT PHYSIQUE UP TO 165	5 CM.	
Sr.No	ATHLETES NAME	PASSPORT NO	
1			
2			
3			
	SENIOR WOMEN'S SPORT PHYSIQUE OVER 165 CM.		
Sr.No	ATHLETES NAME	PASSPORT NO	
1			
2			
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	LADIES WOMEN'S SPORT PHYSIQUE 30 - 40 YRS. ONE OPEN CATEGORY.		
Sr.No	ATHLETES NAME	PASSPORT NO	
1			
2			
3			
	LADIES WOMEN'S SPORT PHYSIQUE OVER 40 YRS. ONE OPEN CATEGORY.		
Sr.No	ATHLETES NAME	PASSPORT NO	
1			













2

Sr.No

1

2

3

Sr.No











12TH WORLD BODY BUILDING & PHYSIQUE SPORTS CHAMPIONSHIPS, 2021

01ST OCTOBER – 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

3		
J	UNIOR WOMEN'S MODEL PHYSIQUE 21 YRS. AND UNDER - OI	NE OPEN CATEGORY.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	SENIOR WOMEN'S MODEL PHYSIQUE UP TO 15	5 CM.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
3		
	SENIOR WOMEN'S MODEL PHYSIQUE UP TO 16	D CM.
Sr.No	ATHLETES NAME	PASSPORT NO
1		
2		
2		







SENIOR WOMEN'S MODEL PHYSIQUE UP TO 170 CM.

SENIOR WOMEN'S MODEL PHYSIQUE UP TO 165 CM.

ATHLETES NAME

ATHLETES NAME





PASSPORT NO

PASSPORT NO













1		
2		
3		
	SENIOR WOMEN'S MODEL PHYSIQUE OVER 170	CM.
Sr.No	ATHLETES NAME	PASSPORT NO
1		.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
1 2		.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,

LADIES WOMEN'S MODEL PHYSIQUE 30 - 40 YRS. ONE OPEN CATEGORY.						
Sr.No	ATHLETES NAME	PASSPORT NO				
1						
2						
3						
	LADIES WOMEN'S MODEL PHYSIQUE OVER 40 YRS. ONE OPEN CATEGORY.					
	LADIES WOMEN'S MODEL PHYSIQUE OVER 40 YRS. ONE O	PEN CATEGORY.				
Sr.No	ATHLETES NAME	PEN CATEGORY. PASSPORT NO				
Sr.No	·					
	·					

MIXED PAIRS – ONE OPEN CATEGORY.					
Sr.No	ATHLETES NAME	PASSPORT NO			
1					
2					























01ST OCTOBER – 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

3						
		JUDGE				
Sr.No		JUDGE NAME	PASSPORT NO			
1						
2						
3						
		TEST JUDGE				
Sr.No		NAME	PASSPORT NO			
1						
2						
3						
		EXTRA DELEGATES & SUPPORTERS	5			
Sr.No		NAME	PASSPORT NO			
1						
2						
3						
	ARRIVAL INFORMATION					
	DATE	TIME	FLIGHT NO			

DEPARTURE INFORMATION























01ST OCTOBER - 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

DATE	TIME	FLIGHT NO

IMPORTANT

PLEASE RETURN THE FINAL ENTRY FORM ALONG WITH PASSPORT COPIES AND PASSPORT SIZE COLOR PHOTOGRAPH, CONFIRMING YOUR PARTICIPATION WITH NAMES OF ALL PARTICIPANTS (DELEGATES, ATHLETES, SUPPORTERS, ETC.), NO LATER THAN 10th SEPTEMBER 2021.

MR CHETAN M PATHARE

Secretary General, WBPF Mobile: +919967971970 Email ID:

wbpfsecgeneral@gmail.com

MR TIMUR SABIROV

Vice President: UZBEKISTAN BODYBUILDING, FITNESS AND MAS-WRESTLING FEDERATION Email ID:

timurkach@me.com

MS CHRISTINA Y KAM

Executive Director, WBPF Email ID:

wbpsf.ckam@yahoo.com























01ST OCTOBER – 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

MEDIA ACCREDITATION FORM

FAMILY NAME	Mr. / Mrs.				
FIRST NAME					
NATIONALITY					
PASSPORT NO					
GENDER	M F				
JOB TITLE					
MEDIA ORGANISATION					
PROFESSIONAL CARD NO					
DUTIES TO	BE PERFORMED IN	THE	CHAMPIONSHIPS (PLEASE	SPECIFY)	
JOURNALIST			VIDEO CAMERA PERSON		
PHOTOGRAPHIC CAME	RA PERSON		TECHNICIAN / OTHER		
PLEASE SPECIFY CONTACT ADDRESS					
TELEPHONE NO			FAX		
EMAIL					
TIME AND DATE OF ARRIVAL					
DATE AND SIGNATURE OF	APPLICANT		FO	R OFFICE USE ONLY	























01ST OCTOBER - 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

DRUG TESTING CONSENT FORM

(PLEASE READ THIS FORM CAREFULLY)

In order to participate as a competitor for the 12th World Body Building & Physique Sports Championship, 2021 on 1st – 7th October at Tashkent, Uzbekistan.

I the undersigned Athlete do hereby agree to be bound by the WBPF Constitution and Rules, the WBPF Rulebook, and the WBPF Anti-Doping Rules and the World Anti-Doping Agency (WADA) Rules. I further agree to cooperate fully with the WBPF, Federation of Bodybuilding, Fitness and Mas-Wrestling of Uzbekistan and the Organizing Committee of the 12th World Body Building & Physique Sports Championship, 2021 have been read over and understand, accept and agree to the following conditions:

DRUG TESTING CONSENT

- 1. That, the WBPF with the authority of the Anti-Doping Agency has the right to conduct Dope Testing at this 12th World Body Building & Physique Sports Championship, 2021 pursuant to the WBPF and World Anti-Doping Agency Rules.
- 2. That, if I am selected for Dope Testing, I will cooperate fully with the Dope Collector Officials at all times and will, under the direct observation of a witness, provide a sample of my urine without undue delay.
- 3. That, if I am subsequently found guilty of a doping offence, I will respect and abide by the relevant rules and regulations governing results management, including those pertaining to the appeal process.
- 4. That, I accept sole responsibility to remain updated with the current rules and regulations governing this Event, including those pertaining to Dope Testing and results management.
- 5. That, If I am selected for Dope Testing, then till the time of result management WBPF has the right to hold the Medal, Merit Certificate, Trophies, Cash Awards and other any prizes till the time WBPF or me receives the official result of the said Dope Test from the office of the Anti-Doping Agency.
- 6. That, If I am found positive in the Dope test conducted by the Anti-Doping Agency, then I am aware that WBPF will eliminate my ranking and the said position / ranking will be offered to the next athlete. It is further informed to me that all the Medals / Merit Certificate / Trophy / Cash Award will be withdrawn by WBPF. Further I have also been informed that WBPF may take necessary action in terms of suspension and other penalties deemed fit by WBPF.
- 7. That I do hereby declare and make oath that I am competing in this Competition free from prohibited performance-enhancing drugs.























ATHLETE NAME			
DATE OF BIRTH			
AFFILIATED NATIONAL FEDERATION			
MAILING ADDRESS			
MOBILE NUMBER			
E MAIL ID			
SIGNATURE OF ATHLETE		SIGNATURE OF TEA	MANAGER/ COACH
DATE :			
DI ACE ·			























01ST OCTOBER - 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

WAIVER OF LIABILITY FORM

(PLEASE READ THIS FORM CAREFULLY)

- 1. That, I understand that in order for me to participate as a competitor in 12th World Bodybuilding & Physique Sports Championship, 2021 Championship, I must agree to be bound by this Waiver of Liability and that I do so willingly and of my own free will.
- 2. That, I agree to waive any and all claims I may now and in the future have against, and release from all liability and agree not to sue the World Bodybuilding and Physique Sports Federation (WBPF), Federation of Bodybuilding, Fitness and Mas-Wrestling of Uzbekistan and the Organizing Committee of the 12th World Bodybuilding & Physique Sports Championship, 2021, the WBPF Competition officials, volunteers, agents or representatives, the official hotel and official competition venue and their staff, hereinafter referred to as the "Released Parties", for any personal injury, death and property damages, expenses or loss sustained by me as a result of my participation in the Event due to any cause whatsoever, including, without limitation, negligence or breach of statutory duty on the part of the Released Parties.
- 3. That, I agree that medical and personal injury insurance coverage while participating in the 12th World Bodybuilding & Physique Sports Championship, 2021 is solely my responsibility and that I agree to be responsible for and to pay for any and all costs that may arise as a result of my requiring medical and/or other special services and, in any event, should the Released Parties incur any cost for any such services for me personally.
- 4. That, I am aware at the time of arriving in Tashkent for the championship I must produce RTPCR Covid Negative Test report prior 72 hours. I am also aware that, for my own safety reasons, it is good to complete my vaccination before coming for the championship. It is also been further informed that before departure the organiser at their cost will do the RTPCR Test two days prior to my departure as it is mandatory to produce the RTPCR Covid Negative Test report at the airport. The Federation of Bodybuilding, Fitness and Mas-Wrestling of Uzbekistan will be doing medical insurance for Covid-19 and if tested positive will be provided will all medical facilities including extended stay. The said medical bills will be settled by the insurance company. I am completely aware that the said medical insurance is only to cover Covid-19 and no other medical or personal injuries.
- 5. I agree to reimburse the Released Parties for all costs of these services as may be incurred by them for my benefit or at my request.
- 6. In entering into this agreement, I am not relying on any oral, written or visual representations or statements made by the Released Parties to induce me to participate in this Event.























01ST OCTOBER - 07TH OCTOBER, 2021, TASHKENT, UZBEKISTAN

7. I confirm that I am the full age of majority and that I have read and understood this agreement prior to signing it and agree that this agreement will be binding upon me, my heirs, next of kin, executors, administrators and successors.

ATHLETE NAME				
DATE OF BIRTH				
AFFILIATED NATIONAL FEDERATION				
MAILING ADDRESS				
MOBILE NUMBER				
E MAIL ID				
SIGNATURE OF ATHLETE		SIGNATURE OF	TEAM MANA	GER/ COACH
DATE :				
PLACE :				

THIS FORM MUST BE SIGNED BY THE ATHLETE AND PRESENTED TO THE WBPF BEFORE THE COMPLETION OF THE WEIGH-IN AND REGISTRATION, FAILING WHICH THE ATHLETE WILL NOT BE ALLOWED TO COMPETE.









